Residual Functional Capacity Questionnaire
FIBROMYALGIA

Patient: _____

DOB: _____

Physician completing this form: _____

Please complete the following questions regarding this patient's impairments and attach all supporting treatment notes, radiologist reports, laboratory and test results.

Symptoms & Diagnosis

Does the patient meet the American College of Rheumatology criteria for fibromyalgia? ☐Yes ☐ No

What other diagnoses has this patient received? _____

_____

Describe the patient's symptoms, such as pain, dizziness, fatigue, etc._____

_____

_____

Does the patient have chronic pain/paresthesia? ☐ Yes ☐ No

Mark the locations where your patient exhibits pain:

Core	Right Side	Left Side
☐ Lumbosacral spine	☐ Shoulder	☐ Shoulder
☐ Cervical spine	☐ Arm	☐ Arm
☐ Thoracic spine	☐ Leg	☐ Leg
☐ Chest	☐ Knee	☐ Knee
	☐ Ankle	☐ Ankle
	☐ Foot	☐ Foot
	☐ Hand/Fingers	☐ Hand/Fingers

Describe the patient's type of pain, frequency, precipitating factors, and severity:_____

_____

Mark the factors that precipitate pain:

☐ Changing weather	☐ Fatigue	☐ Movement/Overuse
☐ Cold	☐ Stress	☐ Hormonal Changes
☐ Static Position	☐ Other: _____	

Mark all of the following symptoms the patient exhibits.

☐ Anxiety	☐ Breathlessness	☐ Carpal tunnel syndrome
☐ Chronic fatigue	☐ Depression	☐ Dysmenorrhea
☐ Female urethral syndrome	☐ Frequent headaches	☐ Hypothyroidism
☐ Irritable bowel syndrome	☐ Mitral valve prolapsed	☐ Morning Stiffness
☐ Multiple tender points	☐ Muscle weakness	☐ Non Restful sleep
☐ Panic attacks	☐ Premenstrual syndrome	☐ Raynaud's phenomenon
☐ Sicca Symptoms	☐ Subjective swelling	☐ Temporomandibular joint dysfunction
☐ Vestibular dysfunction	☐ Other: _____	

What is the earliest date that the above description of limitations applies? _____

Have these symptoms lasted (or are they expected to last) twelve months or longer? ☐ Yes ☐ No

Are this patient's symptoms and functional limitations impacted by emotional factors? ☐ Yes ☐ No

If yes, please mark any known psychological conditions that affect this patient's pain:

☐ Depression ☐ Anxiety ☐ Somatoform disorder ☐ Personality disorder

☐ Other: _____

Are these physical and emotional impairments reasonably consistent with the patient's symptoms and functional limitations? ☐ Yes ☐ No

If no, please explain: _____

_____

Testing & Treatments

Identify any positive clinical findings and test results: _____

_____

_____

Please list the patient's current medications: _____

_____

Please indicate the treatment type, start dates, and frequency: _____

_____

_____

List all attempted treatments and medications, the patient's response, and exhibited side effects.

_____

_____

What is the patient's prognosis? _____

Is this patient a malingerer? ☐ Yes ☐ No

Functional Work Limitations

When answering the following questions, please consider this patient's impairments and estimate his or her ability to work in a competitive work environment for an 8-hour shift with normal breaks.

How often do you expect this patient's fatigue or other symptoms to interfere with the attention and concentration necessary to perform simple work tasks?

☐ Never
☐ Rarely (1% to 5% of an 8 hour working day)
☐ Occasionally (6% to 33% of an 8 hour working day)
☐ Frequently (34% to 66% of an 8 hour working day)
☐ Constantly

How well do you expect this patient to be able to tolerate work stress?

☐ Incapable of even "low stress" jobs
☐ Only capable of low stress jobs
☐ Moderate stress is okay
☐ Capable of high stress situations
Explain: _____

_____

Is this patient taking any medications with side effects that may affect his or her ability to work?

☐ Yes ☐ No
If yes, please list possible side effects. _____

_____

How far can this patient walk without rest or severe pain? _____

How long can this patient sit comfortably at one time before needing to get up?

Minutes: 0 5 10 15 20 30 45
Hours: 1 2 Longer than 2
What must the patient usually do after sitting this long?
☐ Stand ☐ Walk ☐ Lie Down ☐ Other: _____

How long can this patient stand comfortably at one time before needing to sit or walk around?

Minutes: 0 5 10 15 20 30 45
Hours: 1 2 Longer than 2
What must the patient usually do after sitting this long?
☐ Sit ☐ Walk ☐ Lie Down ☐ Other: _____

How long can this patient sit in an 8-hour working day?

☐ less than 2 hours
☐ about 2 hours
☐ about 4 hours
☐ at least 6 hours

How long can this patient stand and/or walk in an 8-hour working day?

☐ less than 2 hours
☐ about 2 hours
☐ about 4 hours
☐ at least 6 hours

Does this patient need to include periods of walking in an 8-hour working day?

☐ Yes ☐ No
If yes, how often? 5 10 15 20 30 45 60 90 minutes
For how many minutes? 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

Does this patient require a job that allows the opportunity to change between sitting, standing and walking at will? ☐ Yes ☐ No

During occasional standing/walking, does this patient require a cane or other assistive device?

☐ Yes ☐ No

Might the patient require unscheduled breaks? ☐ Yes ☐ No

If yes, how many times? 1 2 3 4 5 6 7 8 9 10 >10
The patient will need to ☐ lie down ☐ sit quietly for <5 5 10 20 30 45 60 90 >90 minutes.

With prolonged sitting, should this patient's leg(s) be elevated?

☐ Yes ☐ No

If yes, for what percentage of time in an 8-hour day? _____%

How high? _____

How many pounds can this patient lift and carry?

	Never	Rarely	Occasionally	Frequently
Less than 10 lbs.	☐	☐	☐	☐
10 lbs.	☐	☐	☐	☐
20 lbs.	☐	☐	☐	☐
50 lbs.	☐	☐	☐	☐

How often can your patient perform the following activities?

	Never	Rarely	Occasionally	Frequently
Twist	☐	☐	☐	☐
Stoop (bend)	☐	☐	☐	☐
Crouch	☐	☐	☐	☐
Climb ladders	☐	☐	☐	☐
Climb stairs	☐	☐	☐	☐
Look down	☐	☐	☐	☐
Turn head left or right	☐	☐	☐	☐
Look up	☐	☐	☐	☐
Hold head in static position	☐	☐	☐	☐

Does this patient have significant limitations with repetitive reaching, handling or fingering?

☐ Yes ☐ No

If yes, please indicate the percentage of time this patient can perform the following activities:

Using hands to grasp, turn and twist objects Right _____% Left _____%

Using fingers for fine manipulation Right _____% Left _____%

Using arms to reach out and overhead Right _____% Left _____%

Are this patient's impairments likely to produce "good days" and "bad days"?

☐ Yes ☐ No

If yes, please estimate, on average, how many days per month your patient is likely to be absent from work as a result of the impairments or treatment:

☐ Never ☐ About three days per month

☐ About one day per month ☐ About four days per month

☐ About two days per month ☐ More than four days per month

Please describe any other limitations that might affect this patient's ability to work at a regular job on a sustained basis, such as psychological issues, limited vision or hearing, or the inability to adjust to temperature, wetness, humidity, noise, dust, fumes, gases or hazards, etc.

_____

_____

_____

Please describe additional tests or clinical findings not described on this form that clarify the severity of the patient's impairments.

_____

_____

_____

Completed by:

_____	_____
Physican's Printed Name	Physician's Signature
_____	_____
Address	Date
_____	
_____	