Residual Functional Capacity Questionnaire
MULTIPLE SCLEROSIS

Patient: _____

DOB: _____

Physician completing this form: _____

Please complete the following questions regarding this patient's impairments and attach all supporting treatment notes, radiologist reports, laboratory and test results.

Symptoms & Diagnosis

Does this patient have multiple sclerosis? ☐ Yes ☐ No

If yes, how was the diagnosis made?_____

What other diagnoses has this patient received? _____

_____

Describe the patient's symptoms, such as pain, dizziness, fatigue, etc. _____

_____

_____

Does the patient have chronic pain/paresthesia? ☐ Yes ☐ No

Describe the patient's type of pain, location, frequency, precipitating factors, and severity. _____

_____

_____

Please indicate all positive objective signs exhibited by the patient:

☐ Balance problems	☐ Bladder problems	☐ Bowel problems
☐ Depression	☐ Difficulty remembering	☐ Difficulty solving problems
☐ Double/Blurred vision	☐ Fatigue	☐ Increased muscle tension (spasticity)
☐ Numbness or tingling	☐ Pain	☐ Paralysis
☐ Partial/Complete blindness	☐ Poor coordination	☐ Problems with judgment
☐ Rapid eye movement	☐ Sensitivity to heat	☐ Sensory disturbance
☐ Shaking tremor	☐ Speech/communication difficulties	
☐ Unstable walking	☐ Weakness	☐ Other: _____

Does your patient complain of a type of fatigue that is best described as lassitude rather than fatigue of motor function? ☐ Yes ☐ No

If yes, is this kind of fatigue complaint typical of M.S. patients? ☐ Yes ☐ No

Does your patient have significant and persistent disorganization of motor function in two extremities resulting in sustained disturbance of gross and dexterous movement or gait and station? ☐ Yes ☐ No

If yes, please describe the degree of interference with locomotion and/or interference with the use of fingers, hands and arms: _____

_____

Does your patient have significant reproducible fatigue of motor function with substantial muscle weakness on repetitive activity, demonstrated on physical examination? ☐ Yes ☐ No

If yes, describe the activity and the severity of the resulting muscle weakness:_____

_____

_____

What is the earliest date that the above description of limitations applies? _____

Please list the approximate dates of exacerbations of multiple sclerosis during the past year: _____

_____

Have these symptoms lasted (or are they expected to last) twelve months or longer? ☐ Yes ☐ No

Are this patient's symptoms and functional limitations impacted by emotional factors? ☐ Yes ☐ No

If yes, please mark any known psychological conditions that affect this patient's pain:

☐ Depression ☐ Anxiety ☐ Somatoform disorder ☐ Personality disorder

☐ Other: _____

Are these physical and emotional impairments reasonably consistent with the patient's symptoms and functional limitations? ☐ Yes ☐ No

If no, please explain: _____

_____

Testing & Treatments

Identify any positive clinical findings and test results:_____

_____

_____

Please list the patient's current medications: _____

_____

_____

Please indicate the treatment type, start dates, and frequency: _____

_____

_____

What is the patient's prognosis? _____

Is this patient a malingerer? ☐ Yes ☐ No

Functional Work Limitations

When answering the following questions, please consider this patient's impairments and estimate his or her ability to work in a competitive work environment for an 8-hour shift with normal breaks.

How often do you expect this patient's pain or symptoms to interfere with the attention and concentration necessary to perform simple work tasks?

- ☐ Never
- ☐ Rarely (1% to 5% of an 8 hour working day)
- ☐ Occasionally (6% to 33% of an 8 hour working day)
- ☐ Frequently (34% to 66% of an 8 hour working day)
- ☐ Constantly

How well do you expect this patient to be able to tolerate work stress?

- ☐ Incapable of even "low stress" jobs
- ☐ Only capable of low stress jobs
- ☐ Moderate stress is okay
- ☐ Capable of high stress situations

Explain: _____

_____

Is this patient taking any medications with side effects that may affect his or her ability to work?

☐ Yes ☐ No

If yes, please list possible side effects. _____

_____

How far can this patient walk without rest or severe pain? _____

How long can this patient sit comfortably at one time before needing to get up?

Minutes: 0 5 10 15 20 30 45

Hours: 1 2 Longer than 2

What must the patient usually do after sitting this long?

☐ Stand ☐ Walk ☐ Lie Down ☐ Other: _____

How long can this patient stand comfortably at one time before needing to sit or walk around?

Minutes: 0 5 10 15 20 30 45

Hours: 1 2 Longer than 2

What must the patient usually do after sitting this long?

☐ Sit ☐ Walk ☐ Lie Down ☐ Other: _____

How long can this patient sit in an 8-hour working day?

- ☐ less than 2 hours
- ☐ about 2 hours
- ☐ about 4 hours
- ☐ at least 6 hours

How long can this patient stand and/or walk in an 8-hour working day?

- ☐ less than 2 hours
- ☐ about 2 hours
- ☐ about 4 hours
- ☐ at least 6 hours

Does this patient need to include periods of walking in an 8-hour working day?

☐ Yes ☐ No

If yes, how often? 5 10 15 20 30 45 60 90 minutes

For how many minutes? 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15

Does this patient require a job that allows the opportunity to change between sitting, standing and walking at will? ☐ Yes ☐ No

Does this patient require unscheduled breaks?

☐ Yes ☐ No

If yes, how often? _____

During this time, this patient will need to ☐ lie down ☐ sit quietly for _____ minutes.

With prolonged sitting, should this patient's leg(s) be elevated?

☐ Yes ☐ No

If yes, for what percentage of time in an 8-hour day? _____%

During occasional standing/walking, does this patient require a cane or other assistive device?

☐ Yes ☐ No

How many pounds can this patient lift and carry?

	Never	Rarely	Occasionally	Frequently
Less than 10 lbs.	☐	☐	☐	☐
10 lbs.	☐	☐	☐	☐
20 lbs.	☐	☐	☐	☐
50 lbs.	☐	☐	☐	☐

How often can your patient perform the following activities?

	Never	Rarely	Occasionally	Frequently
Twist	☐	☐	☐	☐
Stoop (bend)	☐	☐	☐	☐
Crouch	☐	☐	☐	☐
Climb ladders	☐	☐	☐	☐
Climb stairs	☐	☐	☐	☐

Does this patient have significant limitations with repetitive reaching, handling or fingering?

☐ Yes ☐ No

If yes, please indicate the percentage of time this patient can perform the following activities:

Using hands to grasp, turn and twist objects Right _____% Left _____%

Using fingers for fine manipulation Right _____% Left _____%

Using arms to reach out and overhead Right _____% Left _____%

Do the patient's impairments require limited exposure to changes in the environment?

	No Exposure Restriction	Avoid Prolonged Exposure	Avoid Moderate Exposure	Avoid All Exposure
Extreme Cold	☐	☐	☐	☐
Extreme Heat	☐	☐	☐	☐
Fumes, odors, dusts, gasses	☐	☐	☐	☐
Humidity	☐	☐	☐	☐
Noise	☐	☐	☐	☐
Heights	☐	☐	☐	☐
Hazardous machinery	☐	☐	☐	☐
Wetness	☐	☐	☐	☐
Others: _____	☐	☐	☐	☐
_____	☐	☐	☐	☐
_____	☐	☐	☐	☐

Are this patient's impairments likely to produce "good days" and "bad days"?

☐ Yes ☐ No

If yes, please estimate, on average, how many days per month your patient is likely to be absent from work as a result of the impairments or treatment:

☐ Never
☐ About one day per month
☐ About two days per month
☐ About three days per month
☐ About four days per month
☐ More than four days per month

Please describe any other limitations that might affect this patient's ability to work at a regular job on a sustained basis, such as psychological issues, limited vision or hearing, or the inability to adjust to temperature, wetness, humidity, noise, dust, fumes, gases or hazards, etc.

_____

_____

_____

Please describe additional tests or clinical findings not described on this form that clarify the severity of the patient's impairments.

_____

_____

_____

Completed by:

_____
Physican's Printed Name

_____
Physician's Signature

_____
Address

_____
Date

_____

_____