

## Residual Functional Capacity Questionnaire PARKINSON'S DISEASE

Patient: \_\_\_\_\_

DOB: \_\_\_\_\_

Physician completing this form: \_\_\_\_\_

Please complete the following questions regarding this patient's impairments and attach all supporting treatment notes, radiologist reports, laboratory and test results.

### Symptoms & Diagnosis

Does this patient have from Parkinson's Disease?  Yes  No

What other diagnoses has this patient received? \_\_\_\_\_

\_\_\_\_\_

Describe the patient's symptoms, such as pain, dizziness, fatigue, etc. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Does the patient have chronic pain/paresthesia?  Yes  No

Describe the patient's type of pain, location, frequency, precipitating factors, and severity. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please indicate all positive objective signs exhibited by the patient:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Autonomic nervous dysfunction          | <input type="checkbox"/> Blepharoclonus                  | <input type="checkbox"/> Bradykinesia         |
| <input type="checkbox"/> Chronic fatigue                        | <input type="checkbox"/> Difficulty to start walking     | <input type="checkbox"/> Falls                |
| <input type="checkbox"/> Hypokinesia                            | <input type="checkbox"/> Difficulty to stand from seated | <input type="checkbox"/> Impaired gait        |
| <input type="checkbox"/> Impaired control of distal musculature | <input type="checkbox"/> Muscular aches                  | <input type="checkbox"/> Postural instability |
| <input type="checkbox"/> Rigidity                               | <input type="checkbox"/> Saliva drooling                 | <input type="checkbox"/> Seborrhea            |
| <input type="checkbox"/> Soft/poorly modulated voice            | <input type="checkbox"/> Other: _____                    |   |

Identify any associated psychological problems/limitations:

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Anxiety                              | <input type="checkbox"/> Cognitive limitations               | <input type="checkbox"/> Depression         |
| <input type="checkbox"/> Impaired attention and concentration | <input type="checkbox"/> Impaired short term memory          | <input type="checkbox"/> Personality change |
| <input type="checkbox"/> Reduced ability to attend to tasks   | <input type="checkbox"/> Reduced ability to persist in tasks | <input type="checkbox"/> Social withdrawal  |
| <input type="checkbox"/> Other: _____                         |  |   |

Does the patient have tremors?  Yes  No

If yes, please describe the nature and severity of the tremors and the parts of the body affected:

\_\_\_\_\_

Are they enhanced by stress or fatigue?  Yes  No

What is the earliest date that the above description of limitations applies? \_\_\_\_\_

Have these symptoms lasted (or are they expected to last) twelve months or longer?  Yes  No

Are this patient's symptoms and functional limitations impacted by emotional factors?  Yes  No

If yes, please mark any known psychological conditions that affect this patient's pain:

Depression  Anxiety  Somatoform disorder  Personality disorder

Other: \_\_\_\_\_

Are these physical and emotional impairments reasonably consistent with the patient's symptoms and functional limitations?  Yes  No

If no, please explain: \_\_\_\_\_

\_\_\_\_\_

### Testing & Treatments

Identify any positive clinical findings and test results: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Please list the patient's current medications: \_\_\_\_\_

\_\_\_\_\_

Please indicate the treatment type, start dates, and frequency: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

What is the patient's prognosis? \_\_\_\_\_

Is this patient a malingerer?  Yes  No

### Functional Work Limitations

When answering the following questions, please consider this patient's impairments and estimate his or her ability to work in a competitive work environment for an 8-hour shift with normal breaks.

How often do you expect this patient's pain or symptoms to interfere with the attention and concentration necessary to perform simple work tasks?

- Never
- Rarely (1% to 5% of an 8 hour working day)
- Occasionally (6% to 33% of an 8 hour working day)
- Frequently (34% to 66% of an 8 hour working day)
- Constantly

How well do you expect this patient to be able to tolerate work stress?

- Incapable of even "low stress" jobs
- Only capable of low stress jobs
- Moderate stress is okay
- Capable of high stress situations

Explain: \_\_\_\_\_

Mark the aspects of workplace stress that the patient most likely would be unable to perform.

- Close interaction with co-workers/supervisors
  - Detailed or complicated tasks
  - Exposure to work hazards such as heights or machinery
  - Fast-paced tasks, such as assembly lines
  - Public contact
  - Routine, repetitive tasks at consistent pace
  - Strict deadlines
  - Sustaining speech
  - Other: \_\_\_\_\_
- 

Is this patient taking any medications with side effects that may affect his or her ability to work?

- Yes  No
- If yes, please list possible side effects. \_\_\_\_\_
- 

How far can this patient walk without rest or severe pain? \_\_\_\_\_

How long can this patient sit comfortably at one time before needing to get up?

- Minutes: 0 5 10 15 20 30 45  
Hours: 1 2 Longer than 2
- What must the patient usually do after sitting this long?
- Stand
  - Walk
  - Lie Down
  - Other: \_\_\_\_\_

How long can this patient stand comfortably at one time before needing to sit or walk around?

- Minutes: 0 5 10 15 20 30 45  
Hours: 1 2 Longer than 2
- What must the patient usually do after sitting this long?
- Sit
  - Walk
  - Lie Down
  - Other: \_\_\_\_\_

How long can this patient sit in an 8-hour working day?

- less than 2 hours
- about 2 hours
- about 4 hours
- at least 6 hours

How long can this patient stand and/or walk in an 8-hour working day?

- less than 2 hours
- about 2 hours
- about 4 hours
- at least 6 hours

Does this patient require a job that allows the opportunity to change between sitting, standing and walking at will?  Yes  No

Does this patient require unscheduled breaks?

- Yes  No
- If yes, how often? \_\_\_\_\_ For how long? \_\_\_\_\_
- For which symptoms?
- Chronic fatigue
  - Muscular Aches
  - Other: \_\_\_\_\_
  - Medication Side Effects
  - Tremor enhanced by stress
-

With prolonged sitting, should this patient's leg(s) be elevated?

Yes  No

If yes, for what percentage of time in an 8-hour day? \_\_\_\_\_%

For which symptoms?

- Chronic fatigue  Medication Side Effects  
 Muscular Aches  Tremor enhanced by stress  
 Other: \_\_\_\_\_

During occasional standing/walking, does this patient require a cane or other assistive device?

Yes  No

How many pounds can this patient lift and carry?

	Never	Rarely	Occasionally	Frequently
Less than 10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
20 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
50 lbs.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

How often can your patient perform the following activities?

	Never	Rarely	Occasionally	Frequently
Twist	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stoop (bend)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crouch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climb ladders	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Climb stairs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

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	Never	Rarely	Occasionally	Frequently
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Stoop (bend)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Crouch	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Does this patient have significant limitations with repetitive reaching, handling or fingering?

Yes  No

If yes, please indicate the percentage of time this patient can perform the following activities:

Using hands to grasp, turn and twist objects Right \_\_\_\_\_% Left \_\_\_\_\_%  
Using fingers for fine manipulation Right \_\_\_\_\_% Left \_\_\_\_\_%  
Using arms to reach out and overhead Right \_\_\_\_\_% Left \_\_\_\_\_%

For which symptoms?

- Bradykinesia  Fatigue  Impaired muscle control  
 Medication Side Effects  Muscular Aches  Rigidity  
 Tremor enhanced by stress  Other: \_\_\_\_\_

Are this patient's impairments likely to produce "good days" and "bad days"?

Yes  No

If yes, please estimate, on average, how many days per month your patient is likely to be absent from work as a result of the impairments or treatment:

- Never  About three days per month  
 About one day per month  About four days per month  
 About two days per month  More than four days per month

Please describe any other limitations that might affect this patient's ability to work at a regular job on a sustained basis, such as psychological issues, limited vision or hearing, or the inability to adjust to temperature, wetness, humidity, noise, dust, fumes, gases or hazards, etc.

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Please describe additional tests or clinical findings not described on this form that clarify the severity of the patient's impairments.

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Completed by:

\_\_\_\_\_  
Physican's Printed Name

\_\_\_\_\_  
Physician's Signature

\_\_\_\_\_  
Address

\_\_\_\_\_  
Date

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